

**RSE** Rationale



## <u>Vision</u>

At Leopold Primary we aim for pupils who value themselves and respect others in all contexts of life, who can act responsibly, keep themselves safe and know what it takes to have a healthy mind in a healthy body.

## Intent

We strive for ambitious, literate pupils who can problem solve; articulate themselves confidently and show resilience.

## **Implementation**

We follow the National Curriculum and we use the Jigsaw Scheme of work as our main resource to deliver high quality RSE lessons and to enhance the implementation of the National Curriculum. All staff have received regular training on Jigsaw Scheme of work .

Jigsaw PSHE, is an Educational scheme of work, fully in line with the latest DFE guidance and it has as main aims for all children to build their capacity for learning and to equip them for life.

At Leopold Primary, RSE lessons are delivered once a week in each class and each half term all year groups are working on the same theme.

The children join in in circle time activities and mindfulness training, they play inclusive, thought-provoking games and undertake tasks in small groups or in pairs. We use Jigsaw character-puppets and energy chimes to encourage focus and confidence to speak to an audience.

Our RSE lessons are designed to provide structured opportunities to practice and enhance the five skills associated with the emotional literacy (self-awareness, social skills, empathy, motivation and managing feelings).

At Leopold Primary, we believe that these opportunities are vital for children's development, their understanding of themselves and others and in increasing their capacity to learn.